

## **The Parish of Our Lady of Mount Carmel & St Wilfrid, Selsey**

The Presbytery, 12 Church Road, Selsey, West Sussex, PO20 0LS

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**Sunday 21 February 2021**

### **FIRST SUNDAY OF LENT**

**Sunday:** Mass at 10.00am.  
We welcome Fr Peter Johstone who is celebrating Mass with us today

**Sunday 28 February:** Second Sunday of Lent. Mass at 10.00am.  
*Readings: Genesis 22:1-2,9-13,15-18; Romans 8:31-34; Mark 9:2-10*  
Retiring collection for CAFOD (not Gift Aid)

Friday is Lent Fast Day. Envelopes and other contributions may be given in next Sunday

**Invited** - the Diocese-wide Mission for Lent 2021. God loves you. He has great plans for you. He wants to accompany you through all the highs and lows of your life. There is an opportunity for you to explore all this and more as we journey together as a Diocese through a season of mission. Everyone can take part. Each Monday during Lent an episode of **Invited** will be premiered on the diocesan website and across our social media channels. Each Thursday the content from Monday's episode will be explored during a virtual meeting. Visit [www.abdiocese.org.uk/invited](http://www.abdiocese.org.uk/invited) to find out more. You, are **Invited**.

#### ***Dear Brothers and Sisters in Christ***

*I offer the following reflection on how to consider Lent, taken from a book by Flor McCarthy SDB:*

*In pruning a fruit tree,  
The aim is not to inflict damage on the tree,  
But to rid it of dead or superfluous branches,  
So that it can produce more and better fruit.  
Lent is a kind of spiritual pruning time.  
There may be things in our lives that sap our energy,  
And diminish our spiritual fruitfulness.  
What do we need to prune ourselves of this Lent,  
So that we may become more fruitful branches of Christ,  
the true Vine?*

*With prayers and best wishes for a fruitful Lent,   **Deacon John***

**Some Covid Reminders:** Please do not come to Mass if you or anyone in your household has any symptoms of Covid-19. You should continue to wear face covering (unless exempt for health reasons), to use hand sanitiser when entering and leaving the Church and maintain social distancing. The obligation to attend Mass remains suspended.

**The Presbytery Porch** remains open. Copies of the latest newsletter are available. Any cash, cheques, numbered envelopes and Mass offerings should be put through the letterbox in the Presbytery door.

**The Food Bank** urgently require contributions. At present they ask especially for **Baked Beans, Tinned Tomatoes** and **Pasta**. Donations may be left in the Church porch before or after Mass, or in the Presbytery porch, which is always open.

**Thank you** for continuing to support our parish. Your support is very much appreciated, especially so in the absence of our usual fundraising events and income from the letting of the hall. Please call Nell Collins (01243 607526) if you are considering setting up a Standing Order for your weekly contributions, or if you would like information about the Gift Aid scheme.

**The Repository Shop** is not open, but cards are available on a self-serve basis from the rack. Please sanitise your hands before touching the cards, and put the correct money for your purchase in the wall box in the porch.

**Please check the parish website** - [www.stwilfridselsey.co.uk](http://www.stwilfridselsey.co.uk) - for the latest updates and pass on any information to parishioners known to you who do not have access to the website.

**PLEASE PRAY FOR:** Tony Crist, Noel Cutler, Margaret & Tom Dempsey, Joanne Donoghue, Max Foreshew, Magda Gallanti, Angela Goff, Nell Hassett, David Kennedy, David Mortby, Cyril Wass and all in the parish who are sick.

ANNIVERSARIES: Please remember all whose anniversaries are about this time.
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**Collections 14 February**

Offertory Collection	£322.00
Church Maintenance	£43.00
Lourdes Fund	£88.00

