

## The Parish of Our Lady of Mount Carmel & St Wilfrid, Selsey

The Presbytery, 12 Church Road, Selsey, West Sussex, PO20 0LS  
'Phone: 01243 602312 Parish website: [www.stwilfridselsey.co.uk](http://www.stwilfridselsey.co.uk)

PARISH PRIEST: Father John Healy

**1<sup>st</sup> SUNDAY OF LENT**  
**February/1<sup>st</sup> March 2020**

**29<sup>th</sup>**

### Mass Times

|           |         |  |            |
|-----------|---------|--|------------|
| Saturday  | 5.30pm  |  |            |
| Sunday    | 10.00am | Intentions of the People of the Parish |            |
| Monday    |         | Weekday in Lent                        |            |
|           | 10.00am |  |            |
| Tuesday   |         | Weekday in Lent                        | No         |
| Mass      |         |  |            |
| Wednesday |         | Weekday in Lent                        | No         |
| Mass      |         |  |            |
| Thursday  |         | Weekday in Lent                        | No         |
| Mass      |         |  |            |
| Friday    |         | Weekday in Lent                        |            |
|           | 10.00am |  |            |
| Saturday  |         | Saturday after Ash Wednesday           | No Morning |
| Mass      |         |  |            |

### 2<sup>nd</sup> SUNDAY OF LENT

|                              |         |  |  |
|------------------------------|---------|--|--|
|                              | 5.30pm  | Intentions of the People of the Parish |  |
| Sunday                       | 10.00am | Josephine and Desmond Kelly RIP        |  |
| Sacrament of Reconciliation: |         | Saturday, 4.45 to 5.15pm               |  |
|                              |         |  |  |

*[1<sup>st</sup> Sunday of Lent – page 151 in the Parish Mass Book]*

### THE CORONAVIRUS

The Bishops of England and Wales have issued guidelines in response to the current worldwide situation in a 13-page document on [www.cbcew.org.uk](http://www.cbcew.org.uk).

The essential advice from the Bishops, and from our own diocese, is to follow standard hygiene measures to protect ourselves and others – unless we have any reason to suspect we may have had any contact with someone carrying the virus.

We are asking everyone coming to Mass on weekdays and at the weekend to practice personal hygiene regarding cleanliness of hands and the spreading of germs when coughing and sneezing: there are sanitising gels and tissues available in the entrance Porch for anyone to use if they need to.

There will be constant hot water in the Hall kitchen, and in the washbasins in the public Lavatories. They are supplied with paper towels.

The current advice is that the Sign of Peace is safe to practice as usual and that those who wish to receive Holy Communion from the Chalice may continue to do so, **unless**, in either instance they have any of the usual winter infections.

Arundel and Brighton Diocesan Trust is Registered Charity No 252878

**CATHEDRAL DEANERY FORUM:** Father John will have a clip-board with him after Mass looking for the names of those hoping to attend the special meeting for the parishes of the Cathedral Deanery at St Philip Howard Catholic High School in Barnham on Saturday, 14<sup>th</sup> March from 10.00am to 1.00pm. It will be a great help to know who will be going so that it may be possible to arrange car-sharing, particularly for those who need a lift.

**LENT FAMILY FAST DAY:** The theme for Family Fast Day on Friday is “Your love expressed through our hands.” CAFOD is asking us this Lent to show our love by enabling the highly-trained and highly-skilled experts around the world who are in a position to care for the world's poorest families. Sister Consilia (who is pictured on the CAFOD poster this Lent) is one of these people. She is a nun working in an out-of-town health centre in Zimbabwe. Sister Consilia is a trained pharmacist who saves lives each and every day. Without the support of those who are prepared to give up a little on a family fast day her invaluable work would cease as there is no local funding available: with our help CAFOD is able to ensure her work can continue. Whatever we save from eating simply on Family Fast Day on Friday can be returned in the retiring collection next weekend in the envelopes supplied by CAFOD (which can also be used to Gift Aid your donation).

**WORLD DAY OF PRAYER:** The annual worldwide ecumenical day of prayer on the first Friday of March is being hosted this year at the East Beach Church for the Christians of Selsey and their friends. The theme for the day is “Rise! Take Your Mat and Walk” and the service of prayer and reflection has been prepared by the Churches of Zimbabwe.

**SELSEY MEN'S BREAKFAST:** The monthly men's breakfast is returning next Saturday to its usual venue – The Rivi in The New Parade. It's an informal gathering on the first Saturday of each month of men from the local Churches, and none, for fellowship: meet from 9.00am.

**COFFEE AFTER MASS:** There will coffee, biscuits and other refreshments after Mass next weekend in the Hall: all are invited...

**SWIMATHON 2020:** Whatever the weather may be at midday next Sunday the water in the Oasis Pool will be clean and warm and the surrounds dry. The swimmers, their supporters and any onlookers will be gathering from 12.00noon onwards (until 3.00pm) for our annual sponsored swim. Are there any last minute swimmers or anyone else happy to sponsor an individual swimmer or the whole Team? Signing-on forms are still available in the Porch.

**SUNDAY AFTERNOON TEA:** Next Sunday afternoon we will be welcoming people from the community (and from our own community!) for tea, cake, entertainment and good company in the Parish Hall from 3.00 to 4.30pm. Sadly, the last time we opened the Hall doors to the community, the tea was cancelled: the strong winds and torrential rain kept everybody at home!

**GRAND CLEARANCE SALE:** Our loyal supporters from the local community turned out despite the weather to see what we had to offer by way of clothing and footwear; high quality bric-a-brac; books; various music media; children's toys and games; et alia. The efforts of all who planned and organised the event were rewarded by a very satisfactory

**£199.32p** for the Church Maintenance Fund (and we are still on the lookout for the £1 coin that got away and would have tipped the balance!). Our thanks to everyone who helped with their time and energy.

PLEASE PRAY FOR: Angela Barnado, Jacqui Brooker, Joanne Donoghue, Max Foresheew, Magda Gallanti, Angela Goff, Nell Hassett, David Mortby, Brian Rogers, Cyril Wass and all in the parish who are sick.

*Please speak to Fr. John if you would like the parish to pray for you, or for someone in your family.*

Collections  
£360.25p

22<sup>nd</sup>/23<sup>rd</sup> February 2020    Offertory Collection

Church Maintenance Fund

£57.56p