

The Parish of Our Lady of Mount Carmel and St Wilfrid

The Presbytery, 12 Church Road, Selsey, West Sussex, PO20 0LS

Phone: 01243 602312

Parish website: www.stwilfridselsey.co.uk

PARISH PRIEST: Father John Healy



PASSION (PALM) SUNDAY

19th/20th March 2016

Mass Times

Saturday	5.30pm	Intentions of the People of the Parish	
Sunday	10.00am	Deceased Members of the Jannece Family	
Monday		Monday of Holy Week	
	10.00am		
Tuesday		Tuesday of Holy Week	No Mass
Wednesday		Wednesday of Holy Week	
	10.00am		

THE PASCHAL TRIDUUM

Thursday		Maundy Thursday	
	8.00pm	Evening Mass of the Lord's Supper	
Friday		Good Friday	
	10.00am	Stations of the Cross	
	3.00pm	Commemoration of the Lord's Passion and Death	
Saturday		Holy Saturday	
	8.00pm	The Easter Vigil and First Mass of the Resurrection	
		Intentions of the People of the Parish	

EASTER SUNDAY

Sunday	10.00am	Gerry Cawley (anniversary)	
--------	---------	----------------------------	--

Sacrament of Reconciliation: No Confession on Holy Saturday.

[Passion (Palm) Sunday - page 184 in the Parish Mass Book]

SIGNING-ON LISTS: There are two lists in the porch for volunteers to add their names: one is for those willing to have a foot washed during the Mass of the Lord's Supper; the other for those prepared to "watch and pray" for a specific time at the Altar of Repose following the Mass.

LENTEN ALMS: This year our charitable giving will be in support of refugees being supported locally.

STATIONS OF THE CROSS: There will be a traditional Way of the Cross this Sunday afternoon at 4.00pm and again on Friday at 10.00am.

BISHOP RICHARD: Monday is the first anniversary of the appointment of Bishop Richard Moth as the 5th Bishop of the diocese of Arundel and Brighton. Please pray for our Bishop that he may continue, with the blessings of God, to guide and instruct us with wisdom and kindness.

CHRISM MASS: For the first time Bishop Richard invites the priests, deacons and people of the diocese to join him at Arundel Cathedral for the Solemn Mass of the Chrism, during which the priests will be called on to renew their commitment to their ministry before he blesses the Holy Oils that will be used throughout the diocese during the coming year. It begins at 6.00pm: arrive early to be sure of the seat!

LAWS OF FASTING AND ABSTINENCE

Not for the first time the Government – in the Chancellor’s Budget on Wednesday – is proposing to employ the force of the law to impose curbs on what it believes to be bad for us when consumed in excess! The Church’s laws of fasting and abstinence pre-date such civil laws by centuries. As was noted in this column at the beginning of Lent all major religions have a long tradition of self-denial to put a curb on our excesses – for different reasons but, ultimately, to achieve the same effect.

The Church’s laws on penance – as written in the Code of Canon Law – are more comprehensive than the ones we are familiar with for Ash Wednesday and Good Friday. We are still encouraged to practice abstinence and self-denial every Friday, especially throughout Lent “as a distinctive mark of our own Catholic identity” and as “an act of witness to the Crucified Lord” (from an instruction in 2011 from the Bishop’s of England and Wales). CAFOD gives us two Family Fast Days every year – in Lent and at Harvest Time – so that we can donate what we save to CAFOD to share with those in need. But we could do the same every Friday using CAFOD’s “Give Regularly” envelopes (there are always plenty in the porch). All excess is bad for us especially when it becomes a habit or even an addiction, which it can so easily.

Holy Week – when we are taken to the very heart of our faith as we relive in the liturgy the Last Supper and the Lord’s Passion, Death and Resurrection – should be a week like no other in the year. If we are penitential during the Week then we will be better prepared to enjoy more fully the festivities of Easter with heart and spirit renewed.

FASTING AND ABSTINENCE: Everyone from the age of 18 years until their 60th birthday is bound by the law of fasting on Good Friday - one main meal and two light snacks but no alcohol - and by the law of abstinence from their 14th birthday - no meat. Those outside the respective age ranges are invited to fast and abstain unless there are good health reasons.

PARISH ‘PHONE NUMBER: With the help of some volunteers Fr. John will on Tuesday relocate his kitchen, office and bed to the Presbytery! He has already hosted three meetings in the house - one for the local clergy and two for the parish - and this week moves in to live there: please note, therefore, that his ‘phone number will be **602312** - the original parish number; so please delete 604953 from your records.

PETER KENCH’S FUNERAL: The Church was full last Monday as the town and parish met to give thanks for his life and work. A great many members and volunteer helpers came from the Selsey Venture Club: the occasion was a fitting tribute to someone who did so much for others.

DATES FOR YOUR DIARIES: Among forthcoming events that were discussed at Tuesday’s meeting of the Social and Fundraising Group will be a Books and Bakes sale on 30th April; Bishop Richard’s visit to the parish on 27th May to begin our centenary celebrations; a Plants and Preserves sale on 4th June; a parish Barbeque on 17th July; the Summer Fair on 30th July. The next Bags2thefuture collection will be on 24th May and an Easter Egg Hunt is now under active consideration.

THE SPONSORED SWIM: The final total for this year’s swim was £548.00p - a great total so a big “thank-you” to all the organisers, swimmers, sponsors and supporters.

EASTER OFFERING: The offertory collection at the First Mass of Easter next Saturday and the Mass on Easter Sunday morning is, by tradition, a personal gift to the parish priest.

PLEASE PRAY FOR: Beryl Ayres, Jacqui Brooker, Julian Davenport, Matt Davis, Max Foreshow, Nell Hassett, Margaret Kortens, Grace Ledger, Sean Mangan, Samantha Phillips, Sheilagh Roberts and all in the parish who are sick.

Please speak to Fr. John if you would like the parish to pray for you, or for someone in your family.

Collections:
£383.28p
£120.02p

12th/13th March

Offertory Collection
Flowers for Easter