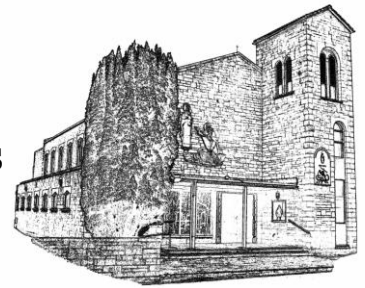


The Parish of Our Lady of Mount Carmel and St Wilfrid

The Presbytery, 12 Church Road, Selsey, West Sussex, PO20 0LS
Phone: 01243 604953

Parish website: www.stwilfridselsey.co.uk

PARISH PRIEST: Father John Healy



6th SUNDAY OF THE YEAR

14th/15th February 2015

Mass Times

| | | | |
|-----------|---------|----------------------------------|-----------------|
| Saturday | 5.30pm | For the Intentions of the Parish | |
| Sunday | 10.00am | Noel Sherlock RIP | |
| Monday | | Weekday of the Year | |
| | 10.00am | | |
| Tuesday | | Weekday of the Year | No Mass |
| Wednesday | | Ash Wednesday | |
| | | 10.00am | |
| | | 7.00pm | |
| Thursday | | Thursday after Ash Wednesday | No Mass |
| Friday | | Friday after Ash Wednesday | |
| | 10.00am | | |
| Saturday | | Saturday after Ash Wednesday | No Morning Mass |

1st SUNDAY OF LENT

| | | | |
|--------|---------|----------------------------------|--|
| | 5.30pm | For the Intentions of the Parish | |
| Sunday | 10.00am | Yolande Welch RIP | |

Sacrament of Reconciliation: Saturday, 4.45 to 5.15pm.

*[6th Sunday of the Year – page 137 in the Parish Mass Book
Ash Wednesday – page 148 in the Parish Mass Book]*

PASTORAL LETTER: There is a Pastoral Letter from Archbishop Peter at Mass today with some reflections for Lent, which begins this week. (His letter is not recorded but will be read.)

PALM BRANCHES: Please leave last year's palm branches in the brazier in the Church porch: they will be burnt following the Sunday morning Mass to give the ashes for use on Ash Wednesday.

LOURDES PILGRIMAGE FUND: The annual collection for the diocesan Lourdes Pilgrimage Trust is this weekend. The pilgrimage is the largest annual event involving the clergy and people of the diocese and, this year, will be led by Archbishop Peter. The Pilgrimage Trust collection helps sick and disabled pilgrims, and their carers, to fund their pilgrimage. There are special envelopes for your contribution, especially if you can Gift Aid it.

FUNERAL SERVICE: The funeral rites for Lelia Anna Vittoria Milne, formerly of The Bridgeway, will be on Monday at 11.30am in St. Wilfrid's. May she rest in peace.

OPEN PARISH MEETING: There will be an Open Meeting of the Parish on Tuesday evening in the Parish Hall, beginning at 7.00pm. The main item on the agenda will be to approve the parish accounts for 2014 and discuss spending for 2015. All will be welcome.

LENT

At the recent meeting of those involved in parish liturgy it was decided to keep before the community throughout Lent the three traditional Lenten Disciplines of prayer, fasting and almsgiving. These were given to us by the Lord himself, as recorded in the Gospel of Matthew (the Gospel Reading on Ash Wednesday); and Archbishop Peter refers to them in his Pastoral Letter this weekend, reminding us they “help us grow in our love for God and for our brothers and sisters, especially the poor and isolated.”

Prayer: The Way of the Cross is a prayer associated with Lent more than the rest of the year. We have a beautiful Stations of the Cross in St. Wilfrid’s – making them a powerful “prayer in pictures” – which we hope to keep before the eyes of the community during the fifty days of Lent. They will be progressively highlighted during the coming weeks and all are invited to pray the Way of the Cross on the first, third and fifth Sundays of Lent at 4.00pm., and on Good Friday at 10.00am.

Fasting: As always, there will be the CAFOD Lent Fast Day at the beginning of Lent – on Friday, 27th February. Towards the end of Lent there will be a “Hunger Lunch” in the Hall – a simple meal of soup, bread and water. It will follow Mass at 12.00noon on Friday, 27th March.

Almsgiving: In addition to the usual Lenten Alms – in support of the enclosed Religious Orders of Women in the diocese – we are inviting the parish to support “Stonepillow” throughout Lent. It’s the local charity that gives help and support to homeless men and women, which includes providing wholesome meals for them. We are inviting people to add an extra item or two in the shopping basket/trolley and to leave them in the Stonepillow box in the porch: there is a comprehensive list in the porch of suitable groceries that can be used as ingredients for feeding hungry and homeless people in the greater Chichester area.

Lent is an important time for growing in holiness – let’s make good use of the opportunities.

ASH WEDNESDAY: Mass on Wednesday, with the Blessing and Distribution of Ashes, will be at 10.00am in the morning and 7.00pm in the evening.

FASTING AND ABSTINANCE: Ash Wednesday, which marks the beginning of our Lenten journey to Easter, is a Day of Fasting and Abstinence. The Church asks all those between their 18th and 60th birthdays to fast – one main meal and two light snacks – and all those who have passed their 14th birthday to abstain – from eating meat. Those outside of the respective age ranges may, of course, practice the discipline of fasting and abstinence voluntarily provided there is no danger to their health and well-being.

SELSEY FOLK CLUB: The recent launch of the Selsey Folk Club in our Parish Hall was a great success much enjoyed by all who participated. The next meeting – open to all – will be on Wednesday, from 7.30pm. All are welcome – to play, sing or just listen.

SPONSORED SWIM: Bunn Leisure Centre has again kindly given us the use of two lanes at the Oasis Pool for a sponsored swim: please note the now confirmed date is Sunday, 8th March from 11.30am. If you would like to swim “for the parish” please let John Bradley know – 603803. Sponsor forms for individual and collective sponsorship will be available shortly.

PLEASE PRAY FOR: Joan Bell; Jackie Brooker; Max Foreshew, Tricia Green, Christina Hackett, Nell Hassett, Dave Mortby, Peggy Owens, Samantha Phillips, Theresa Watson and all in the parish who are sick.

Please speak to Fr. John if you would like the parish to pray for you, or for someone in your family.

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| Collections: | 7 th /8 th February | Offertory Collection | £401.59p |
| | | Church Maintenance Fund | £53.73p |
| | | St. Wilfrid’s Kitchen | £95.60p |